

Addiction Recovery Support

Helping Justice-Impacted Individuals Rebuild on a Foundation of Sobriety

Introduction

Addiction is one of the most common contributing factors to justice involvement — and one of the biggest challenges individuals face upon reentry. For people working to rebuild their lives after incarceration, access to consistent, compassionate, and evidence-based recovery support can be the key to long-term success.

This guide outlines addiction recovery resources available across Florida, the role of recovery in successful reentry, and how Your Path Back is working to connect individuals to the help they need.

Why Recovery Matters for Reentry

- Substance use disorders often contribute to cycles of arrest, incarceration, and relapse.
- Supportive recovery services reduce the risk of recidivism and increase the chances
 of stable employment and housing.
- Employers are more willing to hire individuals who are engaged in treatment and support programs.

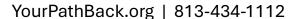
Types of Recovery Support

1. Outpatient Treatment Programs

Provide counseling, therapy, and group support while allowing participants to live independently and work.

- Services may include CBT, trauma-informed care, and relapse prevention.
- Offered by community mental health centers and nonprofits statewide.

2. Residential/Inpatient Recovery Programs





Offer 24/7 structured environments for individuals needing intensive support.

- Program lengths vary from 30 to 180+ days.
- Often include job training, case management, and transitional housing.

3. Medication-Assisted Treatment (MAT)

Combines behavioral therapy with medications such as Suboxone, Methadone, or Vivitrol for opioid and alcohol addiction.

- Proven to reduce overdose risk and support long-term recovery.
- Available through certified treatment centers.

4. Peer Support & 12-Step Programs

Peer-led groups provide accountability and emotional support.

- Includes AA, NA, Celebrate Recovery, and SMART Recovery.
- Many meetings are now available online.

How to Find Addiction Recovery Services in Florida

- SAMHSA Treatment Locator:
 - https://findtreatment.gov
 - Search by zip code for licensed treatment facilities.
- Florida Department of Children and Families Substance Abuse Services: https://www.myflfamilies.com
- 211 Florida (United Way):
 Dial 211 or visit https://211.org to find local support programs.
- Local Recovery Community Organizations (RCOs):
 Many counties have peer-run RCOs offering mentorship and referrals.

Integrating Recovery with Reentry

Recovery and reentry go hand in hand. Individuals leaving incarceration often face:



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- Triggers like homelessness, unemployment, or social isolation
- Limited access to insurance or medical care
- Stigma from employers and communities

That's why Your Path Back works to identify and refer participants to appropriate support — often before employment is even on the table. We also work with second-chance employers to help them understand addiction recovery and support employees in early sobriety.

How Your Path Back Can Help

- Referrals to certified recovery programs and peer mentors
- Connections to sober housing
- Support through our Workforce Starter Kits
- Future workshops on addiction-informed hiring for employers

Want to Help?

Explore our resources, share this guide, or get involved:

Website: yourpathback.org

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